



# Ashley's Angel Gram

## Quality Time

Define quality time "an activity that promotes communicating and sharing"  
It is important to understand that the quantity of time spent with children is not irrelevant. We all understand that our time is our life. When we give some of our time to our children, we are telling them that they are important to us—that we value them highly.

To have more influence on our children, we need to look for ways to spend more time with them. Consider eating dinner together every evening and discussing the day's activities. Preparing the meal and cleaning up afterwards also provide opportunities for conversation.

If you are going to watch television or a movie, do it together so you can verbally challenge and discuss ungodly thinking or actions. The discussions you have with a child can teach him or her critical thinking skills. He or she can learn firsthand that we don't just accept any and all values that we see or hear.

Riding in an automobile can also be a time for meaningful conversation. While today's trend is for young children to be entertained by a movie while riding in a vehicle, time spent in traveling can be reclaimed. Why not use this time to talk about their day, learn about your child's interests or help plan his or her future?

Quality time spent with our children is one of the great joys of life.

*"Ask children. Hear them. Teach children to ask the questions they want answers to. Believe that what a five-year-old has to say is important. Because it is. Just ask him."*  
—Ann Marie Corgill

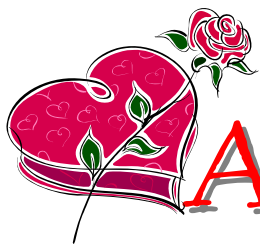


## February 10

Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
8	9	10	11	12 
15	16	17	18	19
22	23	24	25	26

### Announcements

1. Kids can bring treats for everyone on the 12th for the Valentines Day Party if they wish.
2. 15th - Childcare is Closed
3. 26th - Substitute will be here



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## Heartfelt Definitions of

# Love

"What the heart gives away is never gone ... It is kept in the hearts of others." - Robin St. John

"We can do no great things; only small things with great love." - Mother Teresa

"Love is something eternal, the aspect may change, but not the essence." - Vincent van Gogh

"Love is a canvas furnished by Nature

and embroidered by imagination." ~Voltaire

"As the ocean is never full of water, so is the heart never full of love."

"Love is the greatest refreshment in life." - Pablo Picasso

"Life is a journey, and love is what makes that journey worthwhile."

# Amore

## Suggested Reading

