



Ashley's Angel Gram

June 2011

Playground Safety

It's almost summer! Time for children to spend more time on the playground. Time to think about steps to take to prevent playground injuries.

Listed below is an adapted version of their recommendations.

- Make sure all play areas are protected from streets and traffic.
- Check the outdoor environment for poisonous plants and remove them.
- Check the play area daily. Keep the area clear of glass, litter, and large, loose rocks.
- Check play equipment at least once each week. Look for sharp edges, rough surfaces, and loose or broken parts. Replace or repair damaged equipment. Avoid poisonous wood preservatives. Check that surfaces are painted with lead-free paint.
- Replace the ground under the equipment with a soft, loose, resilient material, such as wood chips or loose sand. (Cement, asphalt, and hard-packed or frozen soil or sand can be dangerous play surfaces.) Provide the number of inches recommended by the manufacturer. This may be as much as 9-12 inches, depending on the material used. Sand and other loose materials should be raked often to keep them soft.
- Carefully consider what equipment is suitable for different age groups. Supervise children closely at all times to prevent misuse of the equipment.
- Teach children how to play safely. Involve them in making rules for playground behavior, and enforce the rules consistently. Praise children for using the playground appropriately. Remove a misbehaving child from play and explain how his or her actions could hurt someone.

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ANNOUNCEMENTS

Closed on
Memorial Day

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Just For Dad Touchdown Chocolate Bars

Ingredients:

1 3/4 c Unsifted flour
1 c Sugar
1/4 c Hershey's Cocoa
1/2 c Cold margarine or butter
1 Egg, beaten
14 oz can Sweetened Condensed Milk*
2 c Hershey's Semi-Sweet Chocolate Chips, divided
1 c Chopped nuts

Preheat oven to 350°F.

Combine flour, sugar and cocoa, cut in margarine until crumbly. Add egg; mix until well blended. Reserve 1 1/2 cups crumb mixture. Press remainder evenly on bottom of greased 13x9" baking pan. Bake 10 minutes.

In saucepan, combine condensed milk and 1 cup Hershey's Chocolate Chips. Over low heat, cook and stir until chips melt and mixture is smooth. Spread evenly over prepared crust. Add nuts and remaining 1 cup chocolate chips to reserved crumb mixture; sprinkle evenly over top.

Bake 25-30 minutes or until center is set. Cool. Cut into bars. Enjoy!

A Dad is a person
who is loving and kind,
And often he knows
what you have on your mind.
He's someone who listens,
suggests, and defends.

A dad can be one
of your very best friends!
He's proud of your triumphs,
but when things go wrong,

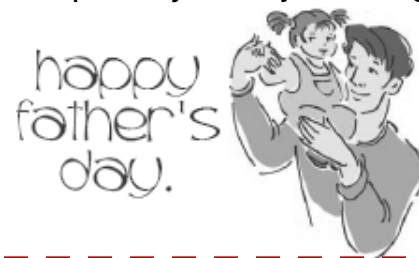
A dad can be patient
and helpful and strong

In all that you do,
a dad's love plays a part.

There's always a place for him deep
in your heart.

And each year that passes,
you're even more glad,
More grateful and proud
just to call him your dad!

Thank you, Dad...
for listening and caring,
for giving and sharing,
but, especially....for just being you!



Reading Suggestions

