



# Ashley's Angel Gram

May 2008

## Building Strong Families

It takes a lot of work to make a family strong, healthy, and happy.

Strong families find ways to show they care about each other. Each day as you have fun together and work out problems, you are building a strong, healthy family.

Healthy families find ways to spend some fun time together each week. Your family can make habits and special times to help you become stronger. Special times such as birthday parties are fun for the whole family.

Family times help healthy families communicate and show they care about each other.

Here are some fun events you could do with your family:

- Make some time each day to talk with your child.
- Let your child decide what to do for special time together.
- Teach your child how to organize her room or learn a new hobby.
- Go to the park.
- Plan a special time each week when the whole family can be together.
- Read stories to your child.
- Cook a meal together with your child.
- Play games.



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

- May 19th Personal Day  
- May 26th Memorial Day  
Paid Holiday

## Make Your Home a Place to Learn

- Talk to your child about interesting things you learn.
- Sing songs together. Learn poems and rhymes.
- Turn off the television and make quiet time for reading.
- Talk with your child and ask questions about things you see on television.
- Hang your child's drawings or school work on the refrigerator or bulletin board.
- Read to your child.
- Have a special box where your child can keep her special projects and papers.
- Ask your child about things she has learned in child care.

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## Mini Cheesecakes for Mom

### Ingredients:

- 1 Dozen Vanilla Wafers
- 2 packages (8 ounces each) cream cheese
- 1/2 cup granulated sugar
- 1 teaspoon vanilla
- 2 eggs

### Instructions:

Heat oven to 325°. Line muffin tin with foil liners. Place a vanilla wafer in each liner. In a mixing bowl, combine cream cheese, vanilla, and sugar; beat until well blended. Beat in eggs until blended. Pour cream cheese mixture over wafers, filling each liner about 3/4-full. Bake for 25 minutes.

Top with preserves, fresh sliced fruit, pie filling, sugared pecans, toasted coconut, or shaved chocolate.

"Happy Mother's Day" Means More

"Happy Mother's Day" means more  
Than have a happy day.  
Within those words lie lots of things  
We never get to say.  
It means I love you first of all,  
Then thanks for all you do.  
It means you mean a lot to me,  
And that I honor you.  
But most of all, I guess it means  
That I am thinking of  
Your happiness on this, your day,  
With pleasure and with love.

## Happy Mother's Day

Mother's Day is a time of commemoration and celebration for Mom.

It is a time of breakfast in bed, family gatherings, and crayon scribbled "I Love You".

M - O - T - H - E - R

"M" is for the million things she gave me,  
"O" means only that she's growing old,  
"T" is for the tears she shed to save me,  
"H" is for her heart of purest gold;  
"E" is for her eyes, with love-light shining,  
"R" means right, and right she'll always be,

Put them all  
together, they spell  
"MOTHER,"

A word that means  
the world to me.  
-Howard Johnson (c.  
1915)

