



Ashley's Angel Gram

Fun Family Friendly New Year

January 2011

Here are a few great ideas to do with your family in the New Year:

Watch the Rose Bowl Parade – this is one of everyone's favorite Parades – then watch a football game!

Just bake, bake, bake

Go sledding, skiing or just playing in the snow.

Have a family slumber party - camp out in your family room, eat popcorn and watch the festivities in Times Square on TV.

Take turns telling their favorite activity from the past year or any previous year.

Look at baby photos.

Plan your holidays and places you would like to visit in the coming year.

Write down your New Year's resolutions.

Giving Back

Here are a few good ideas for giving back when you don't have any extra money sitting around:

Host a charity potluck or dinner, contribute to a charity your group is partial to.

Donate in the name of your usual gift recipients – tax deductible too!

Donate your time – shop or run errands for shut-ins.

Donate your old vehicles or household goods.

Participate in food and clothing drives.

Words from the Wise:

"Your Merry Christmas may depend on what others do for you ... but your Happy New Year depends on what you do for others." -- Unknown

In honor of **National Oatmeal Month**, which occurs every January, we've decided to play with our food rather than eat it.

Here is a great recipe for oatmeal clay-dough:

1 part flour

1 part water

2 parts oatmeal

Mix all ingredients until they are smooth. Knead it a little bit then let you're child have it. This is clearly not toxic but it doesn't tastes very good.

A HAPPY
NEW YEAR

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Favorite Crockpot Chili

Ingredients:

- 2 pounds coarsely ground beef round or chuck
- 1 cup chopped onion
- 2 (15 oz.) cans red kidney beans, drained
- 2 (14 1/2 oz.) cans tomatoes, drained
- 1 green pepper, seeded and coarsely chopped
- 2 cloves garlic, peeled and crushed
- 2 to 3 tbsp. chili powder
- 1 tsp. black pepper
- 1 tsp. ground cumin
- salt, to taste



In a large skillet, brown ground beef with the chopped onion. Put the ground beef, onions, and other ingredients in a 3 1/2 to 5-quart slow cooker. Stir well. Cover and cook on low for 9 to 11 hours. Serves 8.

Suggested Reading

